

What to bring.

Well, not too much, obviously. You'll wear your riding gear, so the extra is basically, sleepwear and something warm. Ensure the caravan park knows they are supplying linen. The following list gives some guidance;

Wear as you ride

Helmet

Cycling gloves

Cycling jersey (wear for two days -- rinse at night if you like)

Cycling Knicks

Water bottles

Snacks for two days

For rain (it won't will it?)

Rain jacket

Rain trousers

After hours revelry

Light jumper

Light crushable top

Tracksuit pants (or rain pants and/or thermal pants, -- warm and dry -- also compact)

Change of undies

Light nightwear

Medications

Money

and finally

Toothbrush and toothpaste

Couple of band aids

Toilet paper (in case you need a tree)

Camera (but watch the weight)

Breakfast if you don't want to buy, but available locally

What to carry it in?

The easiest is a pannier on a pannier rack but not everyone has this. Failing that, a small backpack should carry everything. Bind everything up as small as possible -- volume is often a bigger problem than weight on a bike.

Water should go in dedicated bottle holders on your bike. Two if possible.

Welcome to Jervis Bay Jaunt (Randonée!) 7th-9th April

Bomaderry - Huskisson - Bomaderry



For those travelling by car allow 4-5 hrs at speed limit to get to Bomaderry including a coffee stop. I travel to the South Coast fairly regularly and take the M2, M7 (need an etag) and Hume Highway south. Turn off at the Picton exit and head east towards Wollongong. Then follow the Princes Highway south, the Bomaderry turnoff is just before the Shoalhaven Bridge (if you get to Nowra you have gone too far!). There is parking available in quiet streets near the station. We will contact local police and let them know our plans.

Travelling by Train. Gosford 7.27 via Chatswood arrives central 9.02. Central 9.29 to Kiama arrive 11.39. change Kiama 11.53 for Bomaderry 12.27.

Train info to be checked closer to date?

We're riding from Bomaderry station to Huskisson and returning to the same destination. What's the route?

7/04/24 Day 1 - 41 km A hill Grade 5

We will look at leaving Bomaderry around 1pm. We follow the path to the Shoalhaven River and cross. There will be some traffic to negotiate in Nowra but should not be too bad on a Sunday. We follow Albatross Road to the airport and negotiate a climb as we make our way in a southerly direction. There is an emergency toilet stop at the BMX track before we start to head east to the coast. A small section of dirt before a terrific coast on a quiet road down to the Princes Hwy. Depending on local rainfall we either walk across the river with our bikes under the old bridge or use the new bridge, which has got a waterfall view. Having carefully crossed the highway we pick up another quiet road that runs along the river, all the way to Huskisson for our overnight stop. (Dinner at the Huskisson Hotel).

8/04/24 Day 2- 45km Grade 5

Day 2 is a loop ride. Starting at Huskisson we head along some beautiful bike paths towards Greenfields Beach. There is no bike path further east but a short walking track to link this up to Chinamans Beach. After a short carry of your bike (there is an alternative but less interesting route that doesn't involve carrying your bike, we will have a vote on the day!) across the sand we rejoin the track before arriving at Hyams Beach which boldly states it has the whitest sand in the world (it is pretty white). There is a reasonably long climb coming out of Hyams but the reward is a lengthy roll all the way to Sanctuary Point. We then follow the water around to a nice coffee stop at Double Island Point at St Georges Basin. Refreshed and fed we turn towards Basin View, before turning off and heading up and down a few hills to the village of Tomerong, and making our way back to Huskisson. The plan is to finish around lunchtime giving everyone some free

time to explore the town. (Dolphin watch cruises operate from Husky into the Bay, or visit the excellent Maritime Museum nearby).

9TH Day 3- 37km Grade 4

Day 3

We say goodbye to Huskisson and board the ferry (an interesting experience for newbies!, I will get a fixed quote from Captain Dave and ask that you bring cash on the day) to the sleepy village of Myola. We pick up a new bikepath and head alongside the water to Callala Beach and Callala Bay. We then travel on country roads through farmland as we make our way back to town, with a coffee /toilet stop at the delightful Jindy Andy. We will endeavour to get back to Bomaderry to meet the train at noon. (or the next one just after 1pm.)

How hard is the Ride?

The ride is relatively flat on Days 1 and 3 when we are loaded with our gear. Day 2 has some hills but we are travelling light and not under any time constraints.

Day1: will be a **Grade 5** from Bomaderry to Huskisson. Relatively flat but a long slow rise coming out of Nowra. We are not under any time constraint so there will be plenty of rest stops for drinks and regroups

Day 2: is a **Grade 5** with a couple of steep pinches. There is a lot of variety from bike paths to bush tracks, across sand and finally on road.

Day 3: Will be a **Grade 4** Flat, flat and flat. Some of the roads are a bit busier, some with a good shoulder and some with very little. We get off the road onto country lanes at times which provide relief.

What about Start times, Accommodation, Meals and Transport?

Day 1 (41 km) Start at 1pm out the front of Bomaderry station. The train from Central Coast arrives at 12.27pm. There are shops nearby if lunch is required before we head off.

Accommodation Huskisson. Most members have booked The Huskisson Beach Holiday Park, they have offered a 10% discount if we get 20 riders. Ph 1300733027. Manager is Jason.

Day 2 (45 km) Starting time to be determined. Plan is to finish ride around 12-1pm leaving the afternoon free.

Day 3 starting time to be determined.

