



Central Coast Touring Cycle Club Inc.

RIDE REGISTRATION

Ride: _____

Date: _____ Leader: _____

Grade: _____ Expected level speed: _____ km/h

RISK WARNING

The Central Coast Touring Cycle Club Inc. and its ride organisers and leaders wish to warn you that there are risks in the cycling activity for which you are registering which could involve serious personal injury, illness or death. Experience has shown that cycling injuries include but are not limited to significant head, facial and spinal injuries, fractures, significant skin trauma and injury from penetrating objects. You also risk the loss of your property including your bicycle and/or to financial and economic loss. These risks may arise from hazards including but not limited to riding on busy roads, uneven surfaces, steep descents, attacks or collisions with untethered animals, collision with people or objects, losing control of your bicycle, failure of some component of your bicycle, physical exhaustion, and simply becoming separated from the riding group itself. You are warned that there may not be a qualified first aid attendant on the ride and that in the event of an accident it may take some time before help can arrive, and any harm suffered by you as a consequence of your participation in this activity is entirely at your own risk. If you cause damage to any third party person or property you run the risk of extreme financial loss unless you are covered by insurance. **COVID-19:** All riders are required to be fully vaccinated against Covid-19 and are to indicate their vaccine status by writing the word YES in the form below. All riders should carry proof of vaccination status and ID and be prepared to display it if requested. All riders must adhere to the prevailing restrictions regarding checking-in to venues, wearing of masks and social distancing.

President CCTCC

Ride Leader

	NAME	OFF-RIDE EMERGENCY PHONE CONTACT	ON-RIDE MOBILE PHONE CONTACT	Covid Vaccine	I have read and accept the risk warning above - Signature
1					
2					
3					
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22					

PRE-RIDE BRIEFING

I'd like to welcome people to our ride today. The ride is about _____ km and will take us to _____
Our first stopping point will be at _____ and we will be stopping for coffee at _____
There are one or two spots where we need to be careful _____
We will do about _____ km/h on the flat and although some may find this a little slow, I would ask that people not take control of the ride by overtaking the Leader without permission. If you have a flat tyre or other difficulty, please let us know, that way we can help each other make the ride a success for everyone. Are there any questions?

TEMPORARY MEMBERSHIP APPLICATION

Name: _____ Email _____ Mobile phone _____

Address _____ COVID Vaccine _____

I hereby apply for temporary membership of the Club and in so doing declare that I have read the risk warning and agree to be bound by the rules of the Club and the directions of the Ride Leader and her/his deputy _____ signed

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RIDE REPORT

Leader Comments, incidents etc

Entered in participation roll Temporary Members entered in roll No of rides done to date